



# The True Vine

Annunciation Greek Orthodox Church • Dayton, Ohio

April 2020

Vol. 4 • Issue 4

## In this issue:

Monastic and Seminary Life	1
Parish Registry	1
Ways to View Services	2
Liturgical Schedule	3
News and Notes	3
Youth Message	4
Scholarship info	4
Ministries and Organizations	5
Philoptochos News	5
Stewardship	6
Calendar	7
Journey to Pascha	8

## Parish Registry

### 40 Day Blessings

Mother Kristen Pericleous  
and baby Theophanes  
Father Kris Pericleous  
March 29

### Funerals

+Mary Biddle  
March 12

+Constantine "Connie"  
Manos  
March 18

## What Monastic and Seminary Life Offer Us in Uncertain Times

One of the most important aspects of life is the establishing of a steady schedule. One of the most important aspects of adapting to a new way of life is to be found in finding a rhythm and a routine to best adapt and excel in newfound circumstances. Two of the best examples that come to mind are the military and monastic life. In both examples, a man or woman enters a different and challenging new way of life and comes out a better person. In the military and the monastic life, individuals adapt to a regimented and set way of life where a routine is used for the transformation of the entire self.

I was never in the military but I did live in a monastery for 2.5 years. I also lived in a traditional all men's seminary akin to what one would find in the early 1960's Roman Catholic seminaries for 3 years. I found that in the "monotony" of daily monastic and traditional seminary life there is a grace-filled rhythm that leads to liberation and growth if we allow it. I also know the structure of these institutions is very different from the way most people live in the world. Right now, we all find ourselves thrust into a very different lifestyle. As such, I believe those treasures found in monastic and seminary life offer us a chance to adapt and find a place to grow and experience some tranquility during a time of great difficulty.

Monastic life is not for the faint-hearted and neither are these days we find ourselves in. Monastic life is hard and all of us are experiencing many hardships right now. In the monastery, one must accept the circumstances he finds himself in as necessary for his salvation and the salvation of his brother or sister monks. A selfish and non-sacrificial monastic makes for a terrible monk! The same could certainly be said about us as Christians living in the world right now. During times of hardship is precisely the time we must think of others. It feels good to give.

In the monastery, you get up at the same time, go to the same scheduled services, and do the same obediences (jobs) every single day. There is no thought as to what your day will be like. It is the same regiment and routine over and over again without television, radio, or surfing the Internet. My day would begin at 4:00 am in my cell (room) with a few private prayers. I would then go to the church for Midnight Office. As the main cook, I was exempted from Matins and Divine Liturgy because I had to prepare breakfast Monday through Friday. As soon as breakfast was over, I began making lunch which was the main meal. After lunch, I would have downtime to complete my cell rule of prayer, do my assigned spiritual reading, personal laundry, or take a hike. Dinner was a light meal and usually a repeat of lunch so it was easy to prepare. I would be heating it during Vespers which I was also exempt from due to my kitchen obedience. After Vespers, I would then go to the monastic chapel where all the brotherhood would gather for Compline and then we went into grand silence until the next day.

I must confess that this was one of the happiest times in my life so far. I was content. There was comfort and peace that came from totally surrendering my life and will to Christ through my spiritual father. While there was nothing easy about my life in the monastery, there was a joy that came from it. The rhythm and "monotony" of monastic life allowed the Lord to help transform me in ways that had never occurred before. I wish I could go to a monastery a few times a year for 5 days each visit in order to reset and recharge spiritually.

Like monks, we have been thrust into isolation with our immediate family members. While there are many blessings in being close to them, there is a difficulty as well. Family life has many blessings but it is not always easy. The same goes for the seclusiveness of monastic life. If we want to be successful and experience moments of joy, we must

## Annunciation Greek Orthodox Church

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Dayton OH 45405

☎ 937-224-0601

🌐 daytonannunciation.org

📧 office2.annunciation@donet.com

📍 Annunciation Greek Orthodox  
Church Dayton OH

### Office Hours:

Mon. – Fri. • 9 am – 5 pm

### Parish Priest:

Fr. Joseph Gingrich  
frjosephgingrich@gmail.com

### Lay Pastoral Assistant & Psaltis:

Jonathan McClish

### Secretary:

Carol McDougale

### Bookkeeper:

Brenda Day

### Building Operations Manager:

David Casey

### Parish Council:

#### President:

Linda Kididis

#### Vice President:

Jim Haubrock

#### Secretary:

Nikki Burns

#### Treasurer:

Demetri Inempolidis

#### Members:

Maria Abboud  
Harriet Argue  
Bernie Gearon  
Awad Halabi  
Mary Haritos  
Isidora Margioras  
Matt McAlpine  
Mary Moraites  
Chris Pulos  
Nick Regopoulos  
Emily Stamas

### Parish Organizations and Ministry heads:

#### AHEPHA:

Nick Zois

#### Catechism School:

Christina Harsch  
Katina Tsatalis

#### Choir:

Ernie Stathes

#### Dance Coordinators:

Isidora Margioras  
Maria McFarland

#### Daughters of Penelope:

Alexis Brun

#### GAPA:

Stella Moulas

#### GOYA:

Tina Day

#### Greek School:

Katerina Tsouma  
Michelle Zois

#### Maids of Athena:

Thomai Bessler  
Maria McFarland

#### Philoptochos:

Cindy Keilholz

#### Young at Heart:

Becky Heddings  
Mary McDonald  
Toni Moraites

develop a routine and a rhythm to life in our new found circumstances. What we can't do is give in to despair.

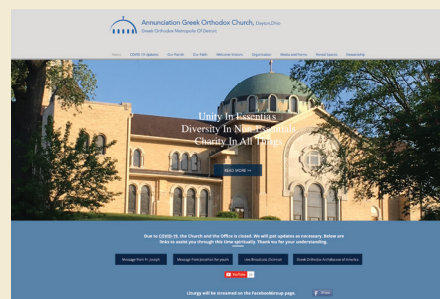
For at least five days of the week get up at the same time and pray at the same time. Make sure you shower and still look presentable. In the seminary, we were not allowed to have our hair touch our collar. We were not allowed to grow facial hair until ordained a deacon and our beards were to be short. We had a strict dress code at all times. All meals were obligatory to foster a sense of unity in us as brother future priests. We were to care for ourselves in order to care for others. During this time of sequestering, even if we have no one to see but our family, we should still take a sense of pride in ourselves and our appearance. We should schedule chores (obediences) for all of us to do in the home to contribute to the greater good of our house church. We should sit down to meals together and engage one another just like in the monastery and seminary. In seminary, unlike the monastery, we had time for recreation. Schedule time to play games or go on a walk. Having a set and a fixed routine forces us to not succumb to despondency. The routine and the rhythm of a regimented life will help us get through all of this. In all things, we should work our schedules around our morning and evening prayers just like in the monastery and seminary.

Prayer is a cure for anxiety. The Jesus Prayer or the Prayer of the Heart has been known to bring peace and serenity upon many a suffering soul. All we need to do is pick up our prayer rope and say internally or audibly "Lord Jesus Christ have mercy on me." We should do this for at least 10 to 15 minutes a day in the beginning and then build upon it. St. Theophan the Recluse said, "The heart is but a small vessel, and yet dragons and lions are there, and there poisonous creatures and all the treasures of wickedness; rough, uneven paths are there, and gaping chasms. There likewise is God, there are the angels, the heavenly cities and the treasures of grace; all things are there." My spiritual father told me that the Jesus Prayer can take us to Paradise in all circumstances. This is why the saints in the gulag and martyrdom had so much peace. Their hearts and souls were already in Paradise. Amid extreme and dire circumstances those Christians acquired the peace that surpasses all understanding. This is the only panacea for our current circumstances as individuals and a nation. We must make our hearts blossom and flower like the gardens of Paradise.

Lastly, in times of uncertainty, we must create the certainty we so desire in our daily lives. Peace comes from within and then goes out of our hearts into others. We can do this by doing all the same things we do every day with the intent to offer the totality of our lives and actions as a sacrifice of thanksgiving to the Lord. In this time of isolation, we should strive to make our homes more of a house church and enter into a type of monastic rhythm where we create order out of the chaos for our spiritual well being.

All Love in Christ,  
Fr. Joseph

## Ways to View Services



During the Stay at Home days, our website, [Daytonannunciation.org](http://Daytonannunciation.org), has links to:

Our services on the church's Facebook group page:

[facebook.com/groups/1355887314468422](https://facebook.com/groups/1355887314468422), or search Annunciation Greek Orthodox Church Dayton OH, and request to join.

Holy Trinity – St. Nicholas Greek Orthodox Church, Cincinnati:

[htsnchurch.org/ministries/live-broadcast](https://htsnchurch.org/ministries/live-broadcast)

Greek Orthodox Archdiocese of America: [goarch.org](http://goarch.org)

## Liturgical Schedule

Matins 8:15 am, Divine Liturgy 9:30 am unless otherwise noted.

Wed., Apr. 1	Presanctified Liturgy 6:00 PM
Thur., Apr. 2	Great Canon of Repentance 6:00 PM
Fri., Apr. 3	Akathist 7:00 PM
Sun., Apr. 5	Matins/Divine Liturgy St. Mary of Egypt and Youth Sunday
Sat., Apr. 11	Divine Liturgy Lazarus Saturday
Sun., Apr. 12	Matins/Divine Liturgy Palm Sunday with blessing of palms at Matins and Bridegroom Matins 7:00 PM
Mon., Apr. 13	Bridegroom Matins 7:00 PM
Tues., Apr. 14	Bridegroom Matins 7:00 PM
Wed., Apr. 15	Holy Unction 5:00 PM
Thur., Apr. 16	Vespereal Divine Liturgy of the Mystical Supper 8:00 AM and Passion Matins with the 12 Gospels 7:00 PM
Fri., Apr. 17	Royal Hours 9:00 AM, Great Vespers 2:30 PM, Lamentations 7:00 PM
Sat., Apr. 8	Vespereal Divine Liturgy 10:00 AM, Vigil service 11:30 PM.
Sun., Apr. 19	Matins/Divine Liturgy 12:00 AM, Agape Vespers 12:00 PM.
Wed., Apr. 23	Divine Liturgy St. George
Sun., Apr. 26	Matins/Divine Liturgy Thomas Sunday

## News and Notes

### Expressions of Sympathy

Our deepest sympathies to Bill Alimonos and Maria Panagouleas on the passing of their beloved brother, +Nick Alimonos who passed away on February 18 in Kalamata, Greece. May his memory be eternal!

Our deepest sympathies are extended to the family of +Mary Andrianos Biddle who passed away on February 24. May her memory be eternal!

We extend our deepest sympathies to Mary Caudell and her brother Peter Houvouras and his family on the passing of their love one +Paula Houvouras who passed away on February 28 in Clearwater, Florida. May her memory be eternal!

Our deepest sympathies also extended to the family of +Constantine "Connie" Manos who passed away on March 10. May his memory be eternal!

Our deepest sympathies are extended to Fr. Mark and Presbytera Ginny Emroll and their family on the passing of +Laurence Emroll (Fr. Mark's father) on Thursday March 5.

### Note of Appreciation

Thank you to our parish family for your phone calls, cards, thoughts and prayers and every expression of sympathy on the passing of our brother +Nick Alimonos your thoughtfulness will never be forgotten. Bill Alimonos and Maria Panagouleas.



# Youth Message

"But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weakness so that the power of Christ may rest upon me."

2 Corinthians 12:9

We have all been living in a new reality for about a month now. We have never seen anything like this pandemic in our lifetime. We all are looking for answers as to when this ends, what this means for us as individuals, as a city, as a country, and as a human race.

We may feel lost in all of this, we may feel alone, or we may feel helpless. However, as pointed out by St. Paul in his second letter to the church in Corinth, where our human weakness leaves us feeling vulnerable God's grace fills us up. When we are left feeling powerless, this is when the power of God can be seen in our own lives, and in the world.

When we take the time to acknowledge our weaknesses – our shortcomings and pray to God to help us overcome them, then we will see his power. Whenever we are feeling at our lowest, we are raised up but light within us brought about by our faith in God and our baptism in the name of the Holy Trinity.

And like St. Paul, we should be thankful for the times we are weak for allowing us to once again seek out the power of God in our lives.

And, we are grateful for the entirety of the medical field. May we never again take for granted the selfless sacrifices of those who have committed their life to helping us when we are at our greatest need – those medical professionals who have worked tirelessly during these trying times. In our time of physical weakness God gives them the strength to carry on taking care of our needs. We thank all doctors, nurses, and all those who must work in these difficult situations during this outbreak.

If we are feeling overwhelmed with all we see going to around us – let us sing out the hymn sung during the Lenten season (for which I will provide a recording online).

"Lord of the powers, be with us! For in times of distress we have no other help but you. Lord of the powers have mercy on us."

In His Service,  
Jonathan McClish

**The Garden of the Theotokos**  
VCS 2020  
Ready to learn about the faith, have fun, and spend time with friends? Then join us for Vacation Church School this summer!

**Dates:** July 13-17, 2020  
**Time:** 9AM-12:40PM  
**Location:** St. Paul's  
**Ages:** 3-12  
**Cost:** \$0 -- It's free!

**REGISTER NOW!**  
<https://stpdayton.wixsite.com/vcs20>



## Scholarship information

### Annunciation Investment Fund (AIF) Scholarship

Scholarship applications and information is available for the 2019-2020 academic year. High School Seniors and Continuing College Students eligible to apply

may pick up an application in the Parish Center lobby. The application is also accessible on our church website at: [daytonannunciation.org/media](http://daytonannunciation.org/media) Deadline for receipt of completed applications is April 28, 2020. For any questions, contact the church and a member of the AIF Scholarship Committee will respond to your inquiry.

### Philoptochos Scholarship

The Metropolis of Detroit Philoptochos Board is proud to once again offer the Florence G. Stefanou Scholarship. This scholarship is made possible through the generosity of the Stefanou family. We offer this scholarship to an outstanding male or female wishing to further their education. The scholarship to be awarded will be for \$1,000. Applicants must be related to a Philoptochos member. Applications can be obtained on the Metropolis website or contact Cindy Keilholz at [cinlamkeil@gmail.com](mailto:cinlamkeil@gmail.com) Applications must be postmarked by April 30.

## Ministries and Organizations



### Daughters of Penelope News:

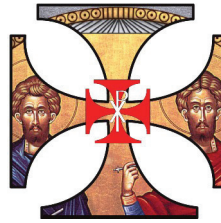
New members are always welcome. Feel free to contact Alexis Blessing Brun, President, agrkbksng22@gmail.com.

#### Who we support:

Ronald McDonald House  
Autism Speaks  
Water with Blessings  
Domestic Family Violence Center: Penelope House, Mobile, AL  
Limbless Solutions  
Sjögren's Syndrome Foundation  
Daughters of Penelope Foundation, Inc.  
Domestic Family Violence Center: Penelope's Place, Brockton, MA  
Penelopean Day Care Center – Athens, Greece  
daughtersofpenelope.org

Thank you to the parishioners who made donations and donated flowers for this 2020 Pascha

Dr. & Mrs. Fayeze Abboud  
Anonymous  
Ted and Helen Anton  
Bob and Diane Briggs  
In memory of +Lucy Canakes Fasules given by her daughter Margo Fasules Corey  
David and Andrea Casey  
Dr. James and Leah Derksen  
Nikki Burns and Bob Feldmann  
Lula Karras in memory of Pete Karras  
Karras family in memory of +Pete, +Jim and +Andy Karras.  
Terri Karras  
John and Mary McDonald  
Keith and Maria McFarland  
Anna Mullins In memory of her parents  
+Ray and +Cleo Mullins  
Taki and Tina Parker  
Tina Fote in memory of her mother +Cleopatra Stamas  
Christina Stiakakis  
John and Maria Tsalas  
Dr. John and Debbie Urse  
Teddie and Nick Xenos  
Jim and Ruthann Zavakos  
Nick and Michelle Zois



## Philoptochos News

Καλό Πάσχα!

### CCM (Community Care Ministry)

**April CCM: Oasis House.** Over the past several years, our National Philoptochos has worked extensively to educate and develop awareness of

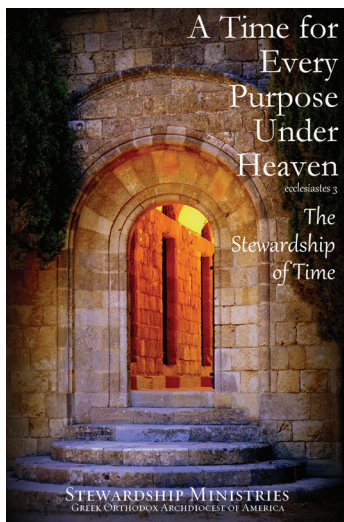
the multi-faceted problem of human trafficking and to encourage action by assisting and forming partnerships with national and local agencies that assist victims of human trafficking. The April CCM is to raise funds for Oasis House. Oasis House, located in Montgomery County, actively works with the Dayton Police Dept., the Mont. Co. Probation Transition Offender Program and the Dayton Correctional Institution to educate women on support services available. Oasis House funds Safe Houses, a Mentoring program and coordinates services with many area agencies to provide care and support of victims of human trafficking.

### Comedy Night Sponsored by the Cincinnati

**Philoptochos:** We all need laughter in our lives! Take a group of friends or family to a comedy night featuring Ellen Karis, comedian and actress on May 2 at Saint Nicholas Holy Trinity Church community center. Tickets \$40 adults, \$15 high school and college students. Doors open at 7pm, show at 8pm. Cash bar and appetizers. Reserved seating only. Reservations due by April 26. Call Georgianne Gaz at 513-313-5748.

**March Trivia answer:** In 1936 women and young ladies (10-21 years) were permitted to enroll as Church members with monthly dues of 25 cents for women and 10 cents for young ladies!! This allowed women to contribute financially to the church.

**April Trivia Question:** Name the year and US president who sent a letter addressed to all Philoptochos Chapters congratulating the Ladies of Philoptochos for establishing and operating the orphanage at St. Basil's Academy.



## 2020 Stewardship

This list of Stewards reflects those who have made their 2020 Stewardship Commitment or contributed to their 2020 Stewardship Commitment as of Mar. 10. We thank them for their generosity and loving support. We invite you to join with them and support, joyously, the ministries of the Church. You may obtain information and Stewardship Commitment Cards from the Church Office, or you can speak to a Parish Council Member or Fr. Joseph.

Dr. & Mrs. Faye Abboud  
Kally Adams  
Drs. Abdulla & Malak Adib  
Georgia Afendoules  
Maxine Alex  
Peter Alex  
Sandy Alex  
Nick & Adrianne Alimonos  
Mr. & Mrs. Lawrence Andrews  
Paul & Sandra Angelopoulos  
Ted & Helen Anton  
Anthony & Jennifer Argue  
George & Harriet Argue  
Mr. & Mrs. Evan Bambakidis  
John & Cynthia Barron  
Thomai Geros & Michael S. Bessler  
Eric & Christa Bishop  
Mark & Kristin Bliss  
David & Leah Boosalis  
Mr. & Mrs. Harry Bouris  
Lou & Tina Bouris  
Helen Bourne  
James & Cynthia Brandenburg  
Mr. & Mrs. Michael Breed  
Robert & Diane Briggs  
James & Bessie Brooks  
Kathryn Z. Brown  
Stamatis & Karyl Bulugaris  
Mr. & Mrs. Doyle Burke  
Nikki Burns & Bob Feldmann  
Stephan Calondis  
Maria Caras  
David & Andrea Casey  
Louis Castleman  
Mary Castleman  
Mrs. P. Stanley Castleman  
Mary Caudell  
Mr. & Mrs. Dimitri Chagares  
Andreas & Panayiota Charalambos  
Terry & Marthea Christ  
Mrs. Nicki Cochran  
Nicholas & Stephanie Coleman  
Mr. & Mrs. George Constandindis  
Larry & Christine Couchot  
Angelo & Helen County  
Gary & Sharon Cunigan  
Tom & Dori Daskalakis  
Mr. & Mrs. Constantine Davell  
Chris & Christina Day  
Nick Demetre

George & Vanessa Demetriades  
George & Georgina Demosthenous  
Dr. & Mrs. James Derksen  
Marika Dimitriou  
Gene & Irene Dow  
Mr. & Mrs. Thomas Federle  
Alex & Photini Fote  
Thomas & Patricia Fote  
Anastasia Gabbard  
Dr. Arthur Gardikes  
Mr. & Mrs. Bernard Gearon, Jr.  
Alexandra Ghazal  
Fr. Joseph Gingrich  
Elaine Gounaris & Mark Winwood  
Mrs. Alexander Gounaris  
Harriet Gounaris  
Eileen Gustin  
Tuhfeh Habash  
Awad & Barbara Halabi  
Donald Hanel  
Dr. Mary Haritos  
Carole Haubrock  
Mr. & Mrs. James Haubrock  
Michael & Amanda Haubrock  
Tim & Melodye Hayes  
Connie Hodson  
Evonna Hurst  
Mr. & Mrs. Jerry Hypes  
Mr. & Mrs. Demetri Inependolis  
Mr. & Mrs. Mike Jackson  
Amelia Jaime  
Betty Jonson  
Johnny & Jamileh Kaissieh  
Christine Kambas  
Rosalee Kanistros  
Pia Kanistros  
Kevin & Christine Karaba  
Mr. & Mrs. Spiro Karabalis  
Tina Karambelas  
Helen Alex Karkadoulis  
Constantina Karras  
Lula Karras  
Mr. & Mrs. Mark Keilholz  
Mr. & Mrs. Andrew Kididis  
Maria Kididis  
Angelo & Judy Kiminas  
Mrs. Helen Kirbabas  
Constantine Kontonickas & Diane Margioras  
Despina Kourt

Roy A. Kouts  
Tina & Harry Krukenberg  
Dirk & Ashley Lackovich-Van Gorp  
Harry & Marcia Joan Lake  
James & Maria Langendorf  
Vigi Liakakos  
Gus & Sharon Liapis  
Elizabeth Limber & Robert Golden  
Mitchell Limbert  
Mr. & Mrs. Panayiotis Makaritis  
Audrey Makris  
George Malacos  
Constantine & Susan Manos  
Nicholas & Mary Karaba Marcum  
George Marinakes  
Maria Mavrouleas  
Jay & Kathy McAlpine  
Matthew & Laura McAlpine  
John & Mary McDonald  
Dr. Nicholas & Allison McDonald  
Mr. & Mrs. Keith McFarland  
Christopher & Ariana Milanese  
Gregory & Nancy Milstead  
Madeline Mobarry  
William & Dina Mokas  
Mr. & Mrs. John Moraites  
Mary Moraites  
Michelle Moraites  
Theodore & Angela Moraites  
Chrisoula Morris  
Stella Moulas  
Renee Nicholas  
John Nickolas  
Maria Panagouleas  
Nicolette Panagouleas  
Panagiotis Panagouleas  
Susie Panagouleas  
William & Irene Pangos  
Mr. & Mrs. George Panson  
Costa & Maria Pantelatos  
Chris & Christina Papakirk  
Taki & Christina Parker  
Paul & Irene Parsons  
Dr. Chris Pavlakos  
Connie Pavlakos  
Theo Pericleous  
John Pickrel  
Mr. & Mrs. John Polites  
Maria Polychronis  
Todd & Maria Powers  
Mr. & Mrs. Demetri Preonas  
Eleni Prieto  
Hippocrates & Judith Psihountas  
Becky Pulos  
Mr. & Mrs. Chris Pulos  
Mr. & Mrs. Nick Regopoulos  
Anneta Reis

Dr. & Mrs. Thomas Retzios  
James Richards  
Dr. Lori Vavul- Roediger  
Mr. & Mrs. Nelson Russell  
Mr. and Mrs. Joe Saloom  
Charles & Kate Scott  
Gregory & Georgea Scoumis  
Mr. & Mrs. John Searles  
Dr. & Mrs. H. Nicholas & Nadine Shamma  
Nick & Sophie Shissias  
Martha Simopoulos  
Daira Skriblis  
Melissa & Kanya Smith  
Mrs. Gregory Speros  
Elias & Kathy Spyrou  
Jim & Libby Stamas  
Nick C & Emily Stamas  
Steve & Debbie Stamas  
Evanthia Steffens  
Mrs. Christine Stiakakis  
Mr. & Mrs. Roger Sylvester Sr.  
Gilbert Thurman  
John & Anastasia Tipler  
Mr. & Mrs. Ilias Tompoulidis  
John & Maria Tsalas  
Andrea Tsatalis  
Dr. & Mrs. James Tsatalis  
Michael Tsocaris  
Pete & Trina Tsolometes  
John Urse III & Debbie Urse  
Dr. John & Evanthis Valassiades  
Gus & Kelly Valen  
Nick Ververis and Stavros Ververis  
Soula Vlahos  
Anthony & Karmen Vradelis  
Chrisoula Vradelis  
Stephanie Waszczak  
Timothy & Julia Weikert  
Adam Winters  
Dr. Antonia S. Winters  
Justin Winters  
Philip & Xiulian Winters  
James & Constance Xarhoulacos  
Anthony & Penny Xidas  
Katherine Xidas  
Costa & Marina Zagaris  
Stella Zaharako  
Mr. & Mrs. Anthony Zalants  
Andrea Zavakos  
Mr. & Mrs. James Zavakos  
Louis & Maureen Zavakos  
Mr. Robert Zavakos  
Andrew & Dessine Ziehler  
Jim & Stavroula Zois  
Nikki Zonars  
Suzanne Zonars-Hambrick

# April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 6 pm Presanctified Liturgy	<b>2</b> 6 pm Great Canon of Repentance	<b>3</b> 7 pm Akathist	<b>4</b>
<b>5</b> 8:15 am Matins 9:30am Div. Liturgy St. Mary of Egypt	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> 9:30 am Divine Liturgy Lazarus Saturday
<b>12</b> 8:15 am Matins  9:30 am Div. Liturgy PALM SUNDAY w/ blessing of the palms at Matins  Usher Team 6 Bridegroom Matins 7 pm	<b>13</b> Holy Monday  Bridegroom Matins 7 pm	<b>14</b> Holy Tuesday  Bridegroom Matins 7 pm	<b>15</b> Holy Wednesday  Holy Unction 5 pm	<b>16</b> Holy Thursday  Vespereal Divine Liturgy of the Mystical Supper 8 am  Usher Team 3 Passion Matins with the 12 Gospels 7 pm	<b>17</b> Holy Friday  Royal Hours 9 am  Usher Team 6 Great Vespers 2:30 pm  Usher Team PC Lamentations 7 pm	<b>18</b> Holy Saturday  Vespereal Divine Liturgy 10 am  Usher Team PC Vigil Service 11:30 pm
<b>19</b> Matins Div. Liturgy 12 am  Agape Vespers 12 pm	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> 9:30 am Div. Liturgy St. George	<b>24</b>	<b>25</b>
<b>26</b> 8:15 am Matins 9:30 am Div. Liturgy Thomas Sunday	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		



## OUR JOURNEY TO PASCHA! 2020

*Created by Fr. Jonathan Bannon (ACROD)*

SUNDAYS		THEMES / GOSPEL READING	HOW TO PARTICIPATE:
5th Sunday of Lent <b>APRIL 5th</b>		<b>ST MARY of EGYPT</b> Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! <b>APRIL 12th</b> GREAT WEEK BEGINS		<b>GREAT AND HOLY WEEK</b> <b>ENTRY OF OUR LORD INTO JERUSALEM</b> Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY <b>APRIL 17th</b>		<b>GREAT AND HOLY FRIDAY</b> <b>JESUS DIES ON THE CROSS</b> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! <b>APRIL 19th</b> NO FASTING!		<b>BRIGHT WEEK</b> <b>HOLY PASCHA! (CHRIST IS RISEN!)</b> Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!